



# Alameda Center

for Rehabilitation and Care

*"Understanding Indian Family's Needs for Subacute and Long Term Care"*



# Welcome to Alameda Center for Rehabilitation and Care

Alameda Center takes pride in our 30 year reputation as a leader in subacute rehabilitation and long term health care. Our caring professional staff provides exceptional care for our Indian residents in an environment that is a home away from home.

## *Long Term Care for Indian Residents*

When an elderly family member needs Long Term Care, it is important that they live where their culture is respected and language understood. At Alameda Center we provide special Long Term Care for our community of Indian residents. Our staff, food, religious services, activities, decor, atmosphere, and customs are Indian. Our Indian residents maintain a connection with their former lifestyle and culture.



## *Subacute Care Helps Patients Prepare to Live at Home Again*

Many patients come to Alameda for short term rehabilitation after they have been in the hospital. They may have had a stroke, heart attack, or accident. Our goal is to help them get better as quickly as possible and prepare to live at home again.

*Medicare & Medicaid Certified*



*Dr. Thakar, who has worked tirelessly at Alameda for over 15 years is spearheading our Indian Program. His experience at Alameda, and with the Indian people and culture make him a perfect leader in ensuring the happiness and well being of our Indian residents.*

### *An Interdisciplinary Approach to Clinical Care*

Our interdisciplinary team includes physicians, nursing, social services, rehabilitation, and dietary professionals. Our expert team guides residents through their recovery, working closely with both the resident and family to establish an individualized care plan.

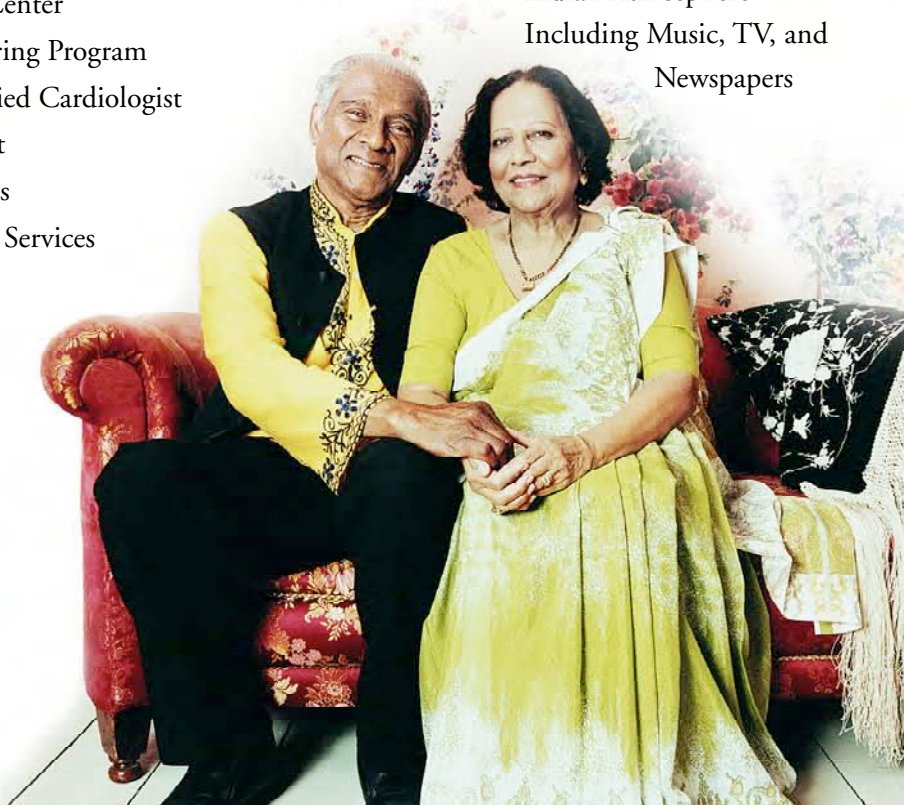
### *At Alameda Center We Offer:*

- Advanced High-Tech Short and Long Term Rehabilitation
- State of the Art Subacute Center
- Cardiac Telemetry Monitoring Program  
Directed by a Board Certified Cardiologist
- Dementia/Alzheimer's Unit
- Specialized Medical Services
- Diagnostic and Laboratory Services
- Physical, Speech, and Occupational Therapy
- Pain Management
- Restorative Nursing Care
- Nutritional Care Planning
- Recreational Services
- Personalized Nutritional Services
- Wound Care
- Respiratory Care

### *Your Culture is Important At Alameda Center*

We are here to do whatever we can to help you care for your loved one, who will be in a cultural environment like home. Being able to speak in their own language with staff and other residents makes them feel welcome and comfortable here. We offer:

- Indian Doctors and Staff
- Indian Religious Services
- Indian Cultural Activities
- Food Prepared by Indian Chef
- Indian Decor
- Indian Atmosphere  
Including Music, TV, and Newspapers



# Services and Amenities for Our Patients' Special Needs

24-Hour Nursing Care

Short and Long Term Rehabilitation

Cardiac Telemetry Monitoring Program Directed by  
a Board Certified Cardiologist

Physician, Dental, Podiatry, and Optometry Services

Social Services and Family Counseling

Tracheostomy Care

I.V. Therapy

Respite Care

Psychiatry and Psychology

Personalized Nutritional Services

Recreational Services

Indian Religious Services

Private Telephone Access

Barber and Beauty Shop

Complimentary Family Transportation

*We encourage families and prospective residents to visit  
our facility to learn about the services we provide.*

## Complete Indian Program



### Directions

**Parkway N:** to exit 125. Bear right to Rte 35 N. Cross Victory Bridge. Right on Smith St. Go four lights and one block. Left onto Elm St. Alameda on left.

**Parkway S:** to exit 129. Follow signs to Rte 9 S./The Amboys. Take Amboy/Smith St. exit, just before Raritan Bridge. Go four lights and one block. Left onto Elm St. Alameda on left.

**Turnpike N:** to exit 10. Follow signs to Route 440/Smith St. exit. Take Smith St. and cross Rte 35 and Convery Blvd. After two lights and one block, turn left on Elm St. Alameda on left.

**Turnpike S:** to exit 11. Follow signs to Perth Amboy/Smith St exit. Take Smith St. and cross Rte 35 and Convery Blvd. After two lights and one block, turn left on Elm St. Alameda on left.

**Brooklyn/Staten Island:** Verrazano Bridge to Staten Island Expressway. Take W. Shore Expressway (440) to Outerbridge Crossing. Exit to Amboy Ave. Left onto New Brunswick Ave. Rt. on Elm Street. Alameda on right corner of Smith and Elm.



Uniting Healthcare through Compassion, Efficiency, & Innovation